

Arshad H. Malik

1600 Coit Road, Suite 301

Plano, TX 75075-6172

Phone (972) 867-0019

CLINICAL EXPERIENCE

August 2012 -- Present

- *Private Gastroenterology Group Practice*
Digestive Health Associates of Texas, P.A.
1600 Coit Road, Suite 301
Plano, TX 75075-6172

Outpatient and inpatient consultative and endoscopic practice providing entire range of gastroenterology services including but not limited to colorectal cancer screening, irritable bowel syndrome, inflammatory bowel disease, GERD, esophageal motility studies, Bravo ambulatory pH monitoring for acid reflux disorders, diagnostic and therapeutic endoscopies including ERCP's, diagnosis and management of liver diseases

May 2006 – August 2012

- *Private Gastroenterology Group Practice*
Kumpuris, Davis and Malik, P.A.
417 N University
Little Rock, AR 72205
- *Clinical Assistant Professor*
Gastroenterology & Hepatology
Department of Internal Medicine
University of Arkansas for Medical Sciences (UAMS)
AND
McClellan Veterans Affairs Hospital, Little Rock

Sep 2002 – May 2005

- *Assistant Professor*
Gastroenterology & Hepatology
Department of Internal Medicine
University of Arkansas for Medical Sciences
4301 W Markham, Slot 567
Little Rock, Arkansas 72205-7199

- *Associate Director of Endoscopy*
John L McClellan Memorial Veterans Hospital
Central Arkansas Veterans Healthcare System
4300 W. 7th Street
Little Rock, AR 72205

CERTIFICATION / BOARDS

Board Certified in Gastroenterology - 2002
Board Certified in Internal Medicine – 1998
Fellow, American College of Physicians

POST-GRADUATE EDUCATION

Gastroenterology Fellowship, University of Texas Southwestern
Medical Center (entire 3rd year dedicated to advanced
endoscopy with training in diagnostic and therapeutic ERCP's)
DALLAS, TX **1999-2002**

Hepatology Fellowship, University of Texas Southwestern
Medical Center **1998-1999**
DALLAS, TX

Internal Medicine Internship and Residency, University of Texas
HOUSTON, TX **1995-1998**

EDUCATION

Medical Education **1988-1993**
The Aga Khan University Medical College
KARACHI, PAKISTAN

AWARDS AND SCHOLARSHIPS

Private Practice

Best Gastroenterologist in Central Arkansas, 2008

Best Gastroenterologist in Central Arkansas, 2010

Faculty

Red Sash Teaching Award, University of Arkansas for Medical Sciences (UAMS)
Given to faculty member nominated by UAMS senior class as excellent teachers.

Post Graduate

ACG National Fellows' Forum

One of 30 gastroenterology fellows selected from all over the United States. Presented abstract "Acute pancreatitis Due to an Unusual Etiology". One of only 10 abstracts accepted for platform presentation in the entire country

93rd Annual Scientific Assembly of the Southern Medical Association

Winner, Physicians-in-training competition

Best Scientific Paper award for presentation "Combination Therapy for Chronic HCV"

Young Investigator's Conference in Digestive Diseases

One of 35 Gastroenterology fellows selected from all over the United States

Presented work on High Dose Induction Treatment in Patients with Chronic Hepatitis C

Practice Management Conference in Digestive Diseases

One of 50 Gastroenterology fellows selected from all over the United States

Presented work on impact of race on the characteristics of polyps found on screening flexible sigmoidoscopy: a comparison of African American versus Caucasian patients

Medical School

Dean's list for academic excellence 1991-1992 and 1992-1993

Honors in Community Health Sciences and Psychiatry

ORGANIZATIONS

The American Gastroenterological Association

The American Association for the Study of Liver Disease

The American College of Physicians

Texas Society for Gastroenterology and Endoscopy (TSGE)

L I C E N S U R E

Texas State Medical License
Arkansas State Medical License

C O M M I T T E E S

Medical Executive Committee
St Vincent Hospital
Little Rock, Arkansas

Transfusion Committee
St Vincent Hospital
Little Rock, Arkansas

R E S E A R C H A N D P U B L I C A T I O N S

Peer reviewed journal publications

1. Atiq M, Husain M, Dang S, Olden KW, **Malik AH**, Brown DK. Hepatoid esophageal carcinoma: a rare cause of elevated alpha fetoprotein. J Gastrointest Cancer. 2008;39(1-4):58-60. Epub 2009 Jan 16.PubMed [citation] PMID: 19148783
2. McElreath DP, Angtuaco TL, Staggs B, **Malik AH**. T cell prolymphocytic leukemia: a rare cause of acute liver failure. Dig Dis Sci. 2006 Apr;51(4):819-21. PubMed PMID: 16615010.
3. **Malik AH**, Kumar KS, Malet PF, Jain R, Prasad P, Ostapowicz G. Correlation of percutaneous liver biopsy fragmentation with the degree of fibrosis. Aliment Pharmacol Ther. 2004 Mar 1;19(5):545-9.PubMed [citation] PMID: 14987323
4. **Malik AH**, Kumar KS, Malet PF, Ostapowicz G, Adams G, Wood M, Yarbrough K, Jones A, Lee WM. A randomized trial of high-dose interferon alpha-2b, with or without ribavirin, in chronic hepatitis C patients who have not responded to standard dose interferon. Aliment Pharmacol Ther. 2002 Mar;16(3):381-8.PubMed [citation] PMID: 11876690
5. **Malik AH**, Collins RH Jr, Saboorian MH, Lee WM. Chronic graft-versus-host disease after hematopoietic cell transplantation presenting as an acute hepatitis. Am J Gastroenterol. 2001 Feb;96(2):588-90.PubMed [citation] PMID: 11232714

6. **Malik AH**, Lee WM. Chronic hepatitis B virus infection: treatment strategies for the next millennium. *Ann Intern Med.* 2000 May 2;132(9):723-31. Review. PubMed [citation] PMID: 10787366
 7. **Malik AH**, Prasad P, Saboorian MH, Thiele DL, Malet PF. Hepatic injury due to troglitazone. *Dig Dis Sci.* 2000 Jan;45(1):210-4. Review. No abstract available. PubMed [citation] PMID: 10695637
 8. **Malik AH**, Lee WM. Hepatitis B therapy: the plot thickens. *Hepatology.* 1999 Aug;30(2):579-81. No abstract available. PubMed [citation] PMID: 10421673
 9. **Malik AH**, Malet PF. Acute and chronic viral hepatitis. *Clinics in Family Practice* 2000 March :2(1): 35-57
 10. **Malik AH**, Prasad P, Saboorian MH, Thiele DL, Malet PF, Hepatic injury due to Troglitazone: Two cases and a review of the literature. *Digestive Disease and Sciences.* Jan 2000, 45 (1), 210-214
 11. **Malik AH**, Lee WM. Hepatitis B Therapy: The Plot Thickens *Hepatology* Aug 199930 (2), 579–581,
 12. **Malik AH**, Malet PF. Photo Quiz: Cryoglobulinemia *American Family Physician.* Feb 1, 2000 789-792
 13. **Malik AH** Cardiology Quiz: Hyperkalemia *Resident and Staff Physician.* April 2000
 14. **Malik AH**, Ghaffar S. Cardiology Quiz: WPW *Resident and Staff Physician.* January 2000
 15. Svoboda P, **Malik AH**, Angtuaco TL. Kaposi's Sarcoma (KS) Presenting as an Obstructing Rectal Mass in a Patient with Acquired Immunodeficiency Syndrome (AIDS) Manuscript submitted
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Book Chapters

1. **A.H Malik** and P.F. Malet "Complications of gallstone disease" *Encyclopedia of Gastroenterology.* Academic Press, Elsevier Science 2004
 2. **A.H. Malik** and H. Westergaard "Short Bowel Syndrome" *Sleisinger & Fordtran's Textbook on Gastrointestinal and Liver Disease, 7th edition* W.B Saunders
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Abstracts

1. McElreath DP, Angtuaco TL, Staggs B, and **Malik AH**. T Cell Prolymphocytic Leukemia: A Rare Cause of Acute Liver Failure. *American Journal of Gastroenterology* 99(10):p703, September 2004
 2. Svoboda P, **Malik AH**, Angtuaco TL. Kaposi's Sarcoma (KS) Presenting as an Obstructing Rectal Mass in a Patient with Acquired Immunodeficiency Syndrome (AIDS) *American Journal of Gastroenterology* 98(9): A489, September 2003
 3. Prasad P, Jain R, **Malik A**, Park D, Kumar S, Singh M. The impact of race on the characteristics of polyps found on screening flexible sigmoidoscopy: a comparison of African American versus Caucasian patients. *Gastroenterology* 118(4): A4073, April 2000
 4. Kumar KS, **Malik AH**, Malet PF, Ostapowicz G, Wood M, Jones A, Lee WM. A randomized trial of high dose interferon alfa-2b with or without ribavirin for chronic hepatitis C in non-responders to standard dose interferon. *Gastroenterology* 118(4): A6735, April 2000
 5. **Malik AH**, Hernandez E, Lee WM, Malet PF. A pilot study of Hydroxychloroquine in the treatment of chronic hepatitis C. *Gastroenterology* 116(4): A1242, April 1999
 6. Jain R, Persley KM, Prasad P, **Malik AH**, Stark L, Brooks S, Malet PF. The correlation of percutaneous liver biopsy fragmentation with cirrhosis *Gastroenterology* 116(4): A1225, April 1999
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PRESENTATIONS

National Meetings – Oral Presentations

1. “Combination Of Interferon Alfa-2b With Ribavirin For The Treatment Of Chronic HCV In Naïve And Relapsed Patients”93rd Annual Scientific Assembly of Southern Medical Association, Dallas, TX. 1999
2. “Congenital Deafness And Consanguinity” International Meeting Pakistan Society of Otolaryngology/Head & Neck Surgery, 1993

National Meetings - Poster Presentations

1. McElreath DP, Angtuaco TL, Staggs B, and **Malik AH**. T Cell Prolymphocytic Leukemia: A Rare Cause of Acute Liver Failure. Annual Meeting of the American College of Gastroenterology October 2004
2. Svoboda P, **Malik AH**, AngtuacoTLKaposi’s Sarcoma (KS) Presenting as an Obstructing Rectal Mass in a Patient with Acquired Immunodeficiency Syndrome (AIDS) Annual Meeting of the American College of Gastroenterology October 2003
3. **Malik AH**, Collins RH Saboorian MH, Lee WM Acute hepatic presentation of chronic graft versus host disease of the liver following hematopoietic cell transplantation. Annual Meeting of American College of Gastroenterology, 1999
4. **Malik AH**, Wood MM, Malet PF, Jones A, Yarbrough K, Prebis M, Harford W, Lee WM. Chronic hepatitis C non-responders to standard interferon therapy: Response to treatment with high dose interferon alfa 2-b with or without ribavirin 4th Annual Young Investigators' Conference in Digestive Diseases, 1999
5. Wood MM, Malet PF, **Malik AH**, Jones A, Prebis M, Harford W, Lee WM. High dose Interferon Alfa-2b with or without ribavirin for chronic hepatitis C in non-responders to standard therapy 49th Annual Meeting of the American Association for the Study of Liver Diseases, 1998
6. **Malik AH**, Burney I, Malik I Metastatic Adenocarcinoma of Unknown Primary. Annual Meeting of College of Physicians and Surgeons of Pakistan, 1993

Grand Rounds

1. "Management Decisions in chronic Hepatitis C"
Russellville, AR
September 16, 2004
2. "Management Decisions in chronic Hepatitis C"
St. Bernard's Medical Center
Jonesboro, AR
(Area Health Education Center (AHEC) of UAMS)
August 17, 2004
3. "Hepatocellular carcinoma and Hepatitis C"
Arkansas Cancer Research Center Grand Rounds
University of Arkansas for Medical Sciences, Little Rock, AR
January 14, 2004
4. "Chronic Hepatitis C- Clinical Decision making in the new millennium"
Internal Medicine Grand Rounds
University of Arkansas for Medical Sciences, Little Rock, AR
May 8, 2003
5. "Pancreatic Cystic Tumors"
GI Division Grand Rounds
University of Texas Southwestern Medical Center, Dallas, TX. 2002
6. "Irritable Bowel Syndrome"
GI Division Grand Rounds
University of Texas Southwestern Medical Center, Dallas, TX. 2000
7. "Short Bowel Syndrome"
GI Division Grand Rounds
University of Texas Southwestern Medical Center, Dallas, TX. 2000
8. "New Treatments For Hepatitis B"
GI Division Grand Rounds
University of Texas Southwestern Medical Center, Dallas, TX. 1999

CME Activities

1. Extraesophageal Manifestations of GERD
Annual Meeting of Arkansas Chapter of American College of Physicians
October 2008
2. Lipids and the Liver
Annual Meeting of Arkansas Chapter of American College of Physicians
October 16, 2004
3. Management Decisions in Hepatitis C
Web Based Talk to Primary Care Physicians in Arkansas
September 17th, 2003
4. "Hepatitis B: New Treatments"
Symposium on "Hepatitis in the new millennium",
University of Texas Southwestern Medical Center, Dallas, TX. 2000